



### **Baby & Childhood Bonding.**

Looking into the window of a pet shop is always such an evocative emotional experience for us as we see those beautiful little puppies scrapping, jumping over, mauling and chewing each others ears, tails and legs as they shower us with innocent "puppy love".

They love and need to stay in contact with each other, to keep each other company, within contact to the heart beat of their mates, brothers and sisters.

### **Have you ever bothered to consider just why it is that they attract so much of our attention and sensitivity, why we are so drawn to all baby creatures?**

Of course pet shop operators know what a draw card these free, rollicking, living furry balls of love are and so they are always have "puppies" out there on full display, if the cabinet is empty we might even feel "ripped off" disappointed, having missed out on that loving and often sad feeling sensed with us.

Bonding is simple enough, but not always easy; it can happen but may not; and, as wondrous as it is, some have misunderstood the idea and made it seem unnecessary.

When the last pup of the litter (or display box) is left alone it will whine and become absolutely distraught.

So too might its brothers and sisters when they are weaned off early and sent to different homes become villainous and seemingly quite destructive by chewing any thing and everything left lying around including all the used and unused tissues, old news papers, shoes, slippers, thongs pretty well anything left loose that it can find to play with, including saved up and well hidden Easter eggs.

Through the study and observation of animals and their behaviour we are able to learn quite a deal about ourselves and the bonding relationships between Mother and child and Grand Mother and Grand child which makes for a very interesting study and comment.

### **The Grand In-Law hook**

That Mother in law relationship myth probably has loads of buried truths and reality within some fascinating and histrionic characteristics all readily brought to light to emphasise the emotional and characteristic similarities or difference between Mother and daughter through the critical observations of an enmeshed third party, the son in law.

With his vested interest of enjoying life in a satisfying, hopefully unified domestic relationship. However the external expectations, directions and instructions from the Mother of his wife is one constant aggravation to his wife and to their relationship as these two women struggle around and stand back from their own wounded sense of disconnection.

Similarly the daughter in law forever struggles, some what in virtual anonymity with her Mother in law as Mother constantly tries to make amends for her, latter day awareness, due to her own guilt, shame or embarrassment about her own lack of emotional bonding with her over indulging son who, himself, is an unconscious and there fore unaware victim of his own disconnected emotional self.

Subsequently, the daughter in law is harangued and triggered by these identical Mother critical charges.

### **The Bonding Theory**

I offer this theory and practical explanation after experiencing repetitive cases in psychotherapy with young mature women regularly experiencing extreme and overpowering periods of debilitating anxiety in various situations and through conflicting moments in relationship with

their partners where the male may continue or be seen to stray "with the boys" to party, get drunk, misbehave and occasionally leading on to more serious trust shattering, drugging, drunken misadventures.

However it is not always the case that the partner has really done anything seriously "wrong" to trigger the anxiety, any threat or perceived criticism seems to be enough to set them "off".

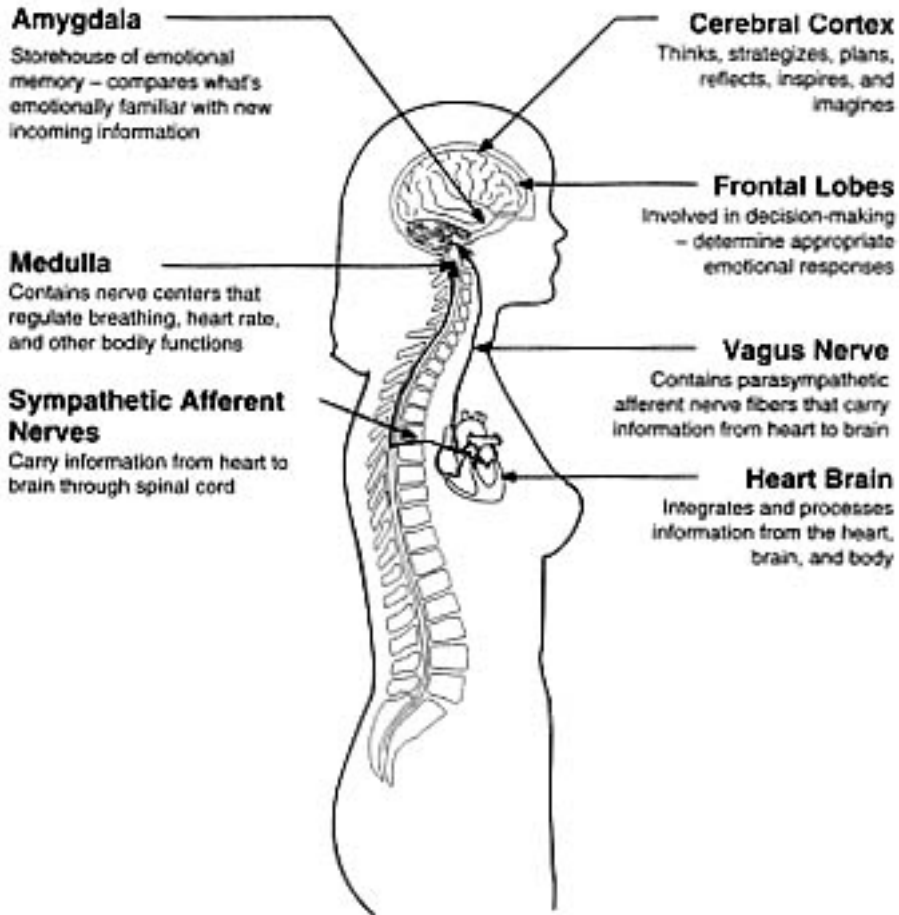
We will deal with misadventure of these boys in young men in another article all about them.

### **Study in therapy**

When we study this/these painful heart felt sensations and anxiety in therapy we are able to reveal, for release, old toxic energy retained from these birth and life experienced reinforced wounds.

This enables us to then make new understanding to old habitual behaviour, with actual sensorial correcting meaning, in the present moment, to the former cognitive confusing and terror flooding experience formerly directly relayed as a sensorial threat from the infant experience and recoded sense of separation and abandonment in earlier emotional disconnection.

### **UNPACKING THE CAN**



*Neurological Communication from the Heart to the Brain*

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